



55. Internationaler Hagener Volkslauf

10 KM VOLKSLAUF · OVERALL-RANKING

RG	NR	RG	AK	NAME, VORNAME	JG	VEREIN	NETTO	ZEIT
1.	(332)	1.	M45	KOCH, Christoph	1980	Lauf Team Unna	0:40:43	0:40:45
2.	(504)	1.	M40	VOLPERS, Dennis	1982	Hagen	0:41:22	0:41:24
3.	(299)	1.	M35	KORDEL, Fabian	1989	PV Triathlon TG Witten	0:42:50	0:42:50
4.	(489)	1.	W35	WINTERSTEIN, Franziska	1989	TuS Breckerfeld	0:43:11	0:43:12
5.	(508)	1.	M	ÖZTÜRK, Muhammed	1998	Tri Team Hagen/TuS Breckerfeld	0:43:22	0:43:23
6.	(321)	1.	M50	KRÄMER, Christoph	1971	BSG Sparkasse an Volme und Ruhr	0:43:26	0:43:28
7.	(400)	1.	M60	JOSWIG, Andreas	1965	TV Hasslinghausen	0:43:31	0:43:32
8.	(336)	1.	M30	GORKA, Dominik	1992		0:43:36	0:43:37
9.	(482)	2.	M35	SCHLÖTER, Dr. Jan	1986	TSV Dahl	0:44:03	0:44:06
10.	(494)	2.	M40	IDCZAK, Christoph	1983	Freunde des Geläufs	0:44:29	0:44:29
11.	(291)	1.	MJ U20	KÖSTER, Jess Christopher	2007		0:44:47	0:44:58
12.	(483)	2.	M50	EICKELMANN, Karsten	1971		0:45:08	0:45:09
13.	(139)	2.	M30	EBBINGHAUS, David	1991		0:45:35	0:45:37
14.	(481)	1.	M55	SGOURADIS, Panagiotis	1966	Team Alexandros	0:45:57	0:45:59
15.	(522)	3.	M30	SAURE, Nils	1995	Fichte Hagen	0:46:14	0:46:20
16.	(409)	2.	M	GRIESEL, Jan-Eric	1998		0:46:29	0:46:39
17.	(388)	3.	M	SCHMIDT, Lou	1998		0:46:59	0:46:59
18.	(8)	2.	M45	SCHNEIDER, Marc	1978	Kante Brand Racing	0:47:02	0:47:05
19.	(267)	4.	M30	WILKE, Niklas	1992	SpVg Hagen 1911	0:47:12	0:47:16
20.	(488)	2.	M60	MACHUTT, Thomas	1961	TSV 1860 Hagen	0:47:19	0:47:20
21.	(448)	1.	W	DE GRAAT, Katharina	1998	TSV 1863 Herdecke	0:47:15	0:47:25
22.	(340)	3.	M35	STEINBACH, Michael	1986		0:47:17	0:47:28
23.	(367)	1.	MJ U23	HAAK, Aurel	2004		0:47:24	0:47:32
24.	(417)	1.	MJ U18	ACKERMANN, Nils	2008	LT Hagen-Emst	0:47:47	0:47:50
25.	(534)	2.	MJ U18	SCHÖNING, Paul	2008		0:47:47	0:47:50
26.	(410)	3.	M45	KETTLER, Daniel	1980	MountainRunner	0:47:42	0:47:52
27.	(536)	3.	MJ U18	PITZUL, Ferdinand	2009	SV Haspe 70	0:48:00	0:48:00
28.	(389)	2.	MJ U23	EULENSTEIN, Andre	2004		0:47:52	0:48:03
29.	(543)	5.	M30	VORMANN, Louis	1994	Hagen 11	0:48:18	0:48:22
30.	(268)	2.	W35	DEFONTAINE, Jennifer	1986	TV Hasslinghausen	0:48:26	0:48:28
31.	(276)	4.	MJ U18	VOLPERS, Anton	2009		0:48:36	0:48:38
32.	(343)	4.	M45	BISCHOFF, Dennis	1978	Kriwett.net	0:48:39	0:48:43
33.	(278)	1.	W30	SONNENBERG, Linda Joy	1994		0:48:45	0:48:50
34.	(275)	5.	MJ U18	SORDON, Phil	2009		0:49:23	0:49:25
35.	(493)	3.	M60	MEISEL, Andreas	1964		0:49:24	0:49:30
36.	(455)	2.	W	WITTLER, Henrike	2000		0:49:16	0:49:40
37.	(272)	6.	M30	BUSEMANN, Joris	1993		0:49:46	0:49:48
38.	(492)	7.	M30	HALBFAS, Janis	1991		0:49:47	0:49:56
39.	(496)	5.	M45	NEUHAUS, Holger	1980	TriClub Wuppertal	0:50:04	0:50:08
40.	(381)	4.	M	MODRZEWSKI, Alexander	1999		0:50:18	0:50:18
41.	(325)	4.	M35	WAGNER, Andreas	1988	LG Deiringsen	0:51:11	0:51:11
42.	(323)	5.	M35	LORENZ, Christopher	1988	BSG Sparkasse an Volme und Ruhr	0:51:13	0:51:15
43.	(250)	5.	M	PYKA, Jacob Raphael	1999		0:51:01	0:51:19



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RG	NR	RG	AK	NAME, VORNAME	JG	VEREIN	NETTO	ZEIT
44.	(245)	6.	M35	WEICHERDING, Mario	1987		0:51:19	0:51:24
45.	(487)	1.	W50	ROUGE, Christine	1972		0:51:58	0:52:02
46.	(322)	3.	M50	VAN EIK, Markus	1971	BSG Sparkasse an Volme und Ruhr	0:51:59	0:52:02
47.	(163)	7.	M35	WOLF, Julian	1990		0:52:04	0:52:04
48.	(495)	3.	M40	SCHMIDT, Sebastian	1984		0:52:08	0:52:08
49.	(379)	3.	MJ U23	KÖNIG, Marlin	2004		0:52:03	0:52:10
50.	(262)	8.	M30	BANK, Patrick	1991		0:52:13	0:52:13
51.	(252)	9.	M30	BANK, Dennis	1991		0:52:28	0:52:28
52.	(345)	10.	M30	CILIZ, Julian	1992		0:52:30	0:52:30
53.	(319)	4.	M40	BÖCKER, Nils	1983		0:52:19	0:52:33
54.	(397)	4.	M60	KUHN, Reinhard	1962	Geht zum Bechelte Fitnessstudio	0:52:31	0:52:38
55.	(193)	3.	W	GROTE, Nele	2000		0:52:54	0:53:04
56.	(446)	8.	M35	HEIMES, Marvin	1989	Run Forrest	0:52:53	0:53:05
57.	(344)	4.	W	JOHNSEN, Jennifer	1997		0:53:18	0:53:18
58.	(11)	6.	M	BOLLERMANN, Jonas	1999		0:53:16	0:53:20
59.	(65)	1.	WJ U18	WENIG, Marta	2008		0:53:24	0:53:38
60.	(192)	1.	W45	DRUSENHEIMER, Nadjia	1979		0:53:40	0:53:40
61.	(412)	6.	M45	BERGEMANN, Meik	1980	MountainRunner	0:53:44	0:53:53
62.	(316)	2.	W30	HERZBERG, Laura	1993		0:53:55	0:54:01
63.	(484)	4.	M50	ZYLAKOWSKI, Sven	1975	Zylamann	0:54:44	0:54:48
64.	(486)	2.	M55	ROUGE, Stefan	1969		0:54:51	0:54:55
65.	(376)	11.	M30	GEISTER, Nico	1991		0:54:57	0:55:07
66.	(239)	5.	M50	BOTTÀ, Dr. Giacomo	1974		0:55:20	0:55:20
67.	(315)	1.	WJ U20	VOß, Laura	2007		0:55:26	0:55:26
68.	(271)	5.	W	BEIßEL, Sofia	1996		0:55:26	0:55:26
69.	(1)	5.	M40	KNOSPE, David	1984	Not Fast, just furious	0:55:27	0:55:27
70.	(79)	9.	M35	SCHIMMEL, Ulf A.	1990	TV Hasperbach	0:55:44	0:55:44
71.	(171)	3.	M55	HINNENTHAL, Ulrich	1967	Tri-Team Hagen	0:56:20	0:56:26
72.	(312)	6.	M40	BRINKMANN, Till	1984		0:56:23	0:56:38
73.	(470)	6.	MJ U18	KULMS, Lennard	2008	FC Herdecke-Ende	0:56:38	0:56:38
74.	(401)	6.	M50	LAUBENTHAL, Lars	1972		0:56:27	0:56:40
75.	(524)	10.	M35	KOSCIAN, Stephan	1986		0:56:31	0:56:41
76.	(179)	7.	M40	NAMIK, Aytekin	1982		0:56:42	0:56:58
77.	(520)	1.	M65	ZIEMKE, Klaus-Peter	1958		0:57:10	0:57:22
78.	(519)	4.	M55	SAURE, Hans-Jörg	1968	Fichte Hagen	0:57:14	0:57:23
79.	(384)	4.	MJ U23	MARSCHANG, Max	2004	Die Otter	0:57:12	0:57:24
80.	(149)	6.	W	HEGERDING, Franca	1996	RV Schwerte	0:57:36	0:57:42
81.	(339)	5.	M55	KRIWETT, Martin R.	1969	Kriwett.net	0:57:43	0:57:48
82.	(490)	12.	M30	LIEßEM, Lukas	1994	SPVG Hagen 1911	0:57:59	0:58:18
83.	(84)	3.	W30	KESTING, Miriam	1994		0:58:18	0:58:18
84.	(371)	3.	W35	WETZEL, Katharina	1989		0:58:10	0:58:30
85.	(255)	6.	M55	MÜLLER, Frank	1967		0:58:28	0:58:36
86.	(180)	11.	M35	BUCHELT, Christopher	1988		0:58:37	0:58:45



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RG	NR	RG	AK	NAME, VORNAME	JG	VEREIN	NETTO	ZEIT
87.	(357)	7.	M55	LASCHOBBER, Michael	1970		0:58:33	0:58:47
88.	(514)	2.	WJ U18	PAGENKÄMPER, Julia	2008	SG TuRa Halden-Herbeck	0:58:32	0:58:54
89.	(282)	2.	M65	MÜLLER, Ralf	1956	Schnaufgruppe	0:59:05	0:59:10
90.	(445)	1.	W65	DENNER, Ricarda	1960	PV Witten	0:59:06	0:59:11
91.	(383)	1.	WJ U23	WAGNER, Alisa	2004	Die Otter	0:59:00	0:59:11
92.	(114)	1.	W40	STIEBEL, Kathleen	1984	WSV Oberhof	0:59:37	0:59:37
93.	(443)	2.	MJ U20	KLEIN, Christopher	2006		0:59:33	0:59:51
94.	(528)	13.	M30	SEDLACZEK, Kevin	1991		0:59:49	1:00:02
95.	(505)	4.	W30	BERNDT, Sophia	1994		1:00:10	1:00:10
96.	(264)	2.	WJ U20	SCHNEIDER, Emely	2006		0:59:57	1:00:13
97.	(556)	8.	M40	WILZER, Edgar	1984		0:59:58	1:00:13
98.	(164)	9.	M40	ENDROWAIT, Daniel	1981	TuS Iserlohn Radball	1:00:51	1:00:51
99.	(238)	7.	W	SCHULDT, Isabel Andrea	1999		1:00:37	1:00:56
100.	(183)	10.	M40	GERNERT, Christian	1984		1:01:02	1:01:19
101.	(233)	1.	M75	EICHLER, Peter	1950		1:01:10	1:01:19
102.	(98)	8.	M55	WEGNER, Roland	1966	LT Hagen-Emst	1:01:21	1:01:30
103.	(257)	9.	M55	ACKERMANN, Rolf	1967	LT Hagen-Emst	1:01:09	1:01:30
104.	(317)	10.	M55	GRAUSAM, Kersten Erich	1967	LGO Bochum	1:01:45	1:01:45
105.	(413)	5.	W30	KÖRNER, Meike	1991		1:01:39	1:01:52
106.	(480)	3.	M65	GIESSELMANN, Hans-Georg	1957		1:01:40	1:01:55
107.	(521)	7.	M50	PAGENKÄMPER, Thomas	1971	Laufen gegen Leiden e. V.	1:01:38	1:02:00
108.	(314)	6.	W30	THOMA, Svenja	1995		1:01:48	1:02:05
109.	(529)	7.	M	RÜTTEN, Marvin	2000		1:01:46	1:02:06
110.	(506)	8.	M	SCHÄFFER, Simon	1996		1:01:47	1:02:06
111.	(191)	1.	W55	THOMS, Karen	1969		1:02:00	1:02:13
112.	(244)	11.	M55	ACHILLE, Dirk	1969		1:02:05	1:02:22
113.	(414)	12.	M35	KÖRNER, Tobias	1990		1:02:17	1:02:31
114.	(320)	5.	MJ U23	KUGLER, Simon	2004		1:02:23	1:02:34
115.	(324)	8.	W	SAAVEDRA GIRALDO, Mayerly	1996	BSG Sparkasse an Volme und Ruhr	1:02:51	1:02:54
116.	(362)	14.	M30	FINGERHUT, Fabian	1993	Team Mallethon	1:03:03	1:03:03
117.	(370)	7.	W30	NIERHOFF, Karolin	1992	Team Mallethon	1:03:03	1:03:03
118.	(35)	2.	W45	WEINREICH, Katrin	1980		1:03:12	1:03:31
119.	(527)	9.	W	SEDLACZEK, Virginia	2002		1:03:24	1:03:37
120.	(372)	3.	W45	WENZEL, Frame	1978	PV Triathlon TG Witten	1:03:56	1:04:03
121.	(402)	8.	M50	FOBBE, Thorsten	1971	Pace Pack Runners	1:04:04	1:04:21
122.	(60)	2.	W65	STURM, Christine	1960	Kriwett.net	1:04:19	1:04:24
123.	(215)	15.	M30	DIETRICH, Pascal	1991		1:04:39	1:04:39
124.	(196)	4.	W45	KAPETANOVIC, Judith	1979	LT Hagen-Emst	1:04:41	1:04:47
125.	(100)	9.	M50	VON DISSEN, Arnd	1972	Team Schnellkannjede*r	1:04:34	1:04:57
126.	(117)	16.	M30	LÜDER, Vinzent	1995		1:05:21	1:05:21
127.	(118)	13.	M35	BROMM, Alexander	1990		1:05:21	1:05:21
128.	(526)	10.	W	BALZER, Miriam	1997		1:05:04	1:05:23
129.	(377)	8.	W30	MÜLLER, Nadine	1992		1:05:09	1:05:25



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RG	NR	RG	AK	NAME, VORNAME	JG	VEREIN	NETTO	ZEIT
130.	(431)	1.	W70	STEFFEN-MESTER, Petra	1955	SF Ennepetal	1:05:40	1:05:47
131.	(101)	10.	M50	OBERMEIER, Thorsten	1973	Team Schnellkannjede*r	1:05:51	1:05:51
132.	(170)	4.	M65	EBBINGHAUS, Friedhelm	1958		1:05:55	1:06:04
133.	(342)	17.	M30	HERZBERG, Nils	1995	Kriwett.net	1:06:12	1:06:21
134.	(121)	2.	W40	TAPPE, Eva Maria	1984		1:06:11	1:06:28
135.	(23)	2.	WJ U23	BUKOWSKI, Carlo	2005		1:06:29	1:06:29
136.	(305)	3.	W40	JANJETOVIĆ, Jelena	1985		1:06:30	1:06:37
137.	(194)	11.	W	CRAMER, Lisa Anne	2000		1:06:36	1:06:47
138.	(306)	4.	W35	BÄCKER, Annika	1987		1:07:02	1:07:02
139.	(256)	9.	W30	KAMINSKI, Tessa	1993	TV Hasslinghausen	1:07:06	1:07:17
140.	(10)	18.	M30	DÜRHOLZ, Oliver	1995		1:07:06	1:07:23
141.	(138)	3.	WJ U23	GABRIEL, Sara	2005		1:07:19	1:07:40
142.	(213)	4.	W40	PICARD, Claudia	1983		1:07:22	1:07:41
143.	(105)	5.	M60	LAY, Bernd	1963		1:07:22	1:07:44
144.	(155)	19.	M30	SCHAEFFER, Mattis	1992		1:07:59	1:08:15
145.	(532)	9.	M	RUTTER, Pascal	1999		1:08:38	1:08:57
146.	(51)	10.	W30	FISCHER, Alina	1992	Tri-Team Hagen	1:08:51	1:09:06
147.	(145)	12.	W	HOPPMANN, Miriam	1997		1:08:52	1:09:06
148.	(146)	11.	W30	JACOB, Marina	1995		1:08:52	1:09:07
149.	(552)	10.	M	HELLWIG, Tom Luis	1999		1:09:59	1:10:24
150.	(96)	12.	W30	GIORDANO, Katharina	1992		1:10:43	1:11:04
151.	(95)	20.	M30	GIORDANO, Marco	1992		1:11:04	1:11:04
152.	(195)	5.	W40	DRUSENHEIMER, Jasmin	1984		1:11:08	1:11:28
153.	(471)	12.	M55	GEISLER, Rudi	1970	SpVg Hagen 1911	1:11:29	1:11:29
154.	(137)	4.	WJ U23	NIERHOFF, Giulia	2004		1:11:18	1:11:38
155.	(515)	5.	M65	SXHADE, Ralf	1957	LT Hagen Emst	1:12:03	1:12:10
156.	(224)	11.	M40	ÜNER, Emre	1983		1:12:00	1:12:16
157.	(103)	21.	M30	UBELÄNDER, Nils	1995		1:12:25	1:12:25
158.	(161)	22.	M30	PASCHEN, Chris	1995		1:12:28	1:12:28
159.	(102)	13.	W30	PASCHEN, Anna	1993		1:12:28	1:12:28
160.	(424)	5.	W35	BOKEL, Mareike	1987		1:12:18	1:12:35
161.	(403)	11.	M	DAL, Atilla	1998		1:12:17	1:12:39
162.	(265)	2.	W55	KURZ, Claudia	1967	LT Hagen-Emst	1:12:25	1:12:45
163.	(380)	14.	M35	ZWEIBÄUMER, Manuel	1986		1:12:29	1:12:51
164.	(378)	13.	W	DANEHL, Lisa	1999		1:12:29	1:12:51
165.	(539)	14.	W30	WABERFUHR, Alina	1992		1:13:19	1:13:43
166.	(538)	12.	M40	HUBSCHMID, Thomas	1985		1:13:20	1:13:44
167.	(154)	6.	W35	DE CASTRO PAIVA, Jamila	1989		1:14:06	1:14:22
168.	(517)	3.	W55	SAURE, Ruth	1968	Fichte Hagen	1:14:13	1:14:22
169.	(399)	23.	M30	ID, Dominik	1993		1:16:33	1:16:57
170.	(398)	12.	M	GIMBEL, Levin	1998		1:16:35	1:16:58
171.	(39)	5.	WJ U23	BREHM, Laetitia	2004	TuS Breckerfeld	1:17:00	1:17:20
172.	(277)	4.	W55	HELLWIG, Jessica	1970		1:17:26	1:17:51



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RG	NR	RG	AK	NAME, VORNAME	JG	VEREIN	NETTO	ZEIT
173.	(99)	6.	W40	PETZOLD, Freyja	1981	Team Schnellkannjede*r	1:20:52	1:20:52
174.	(61)	7.	W40	ADAM, Anna	1981		1:20:48	1:21:11
175.	(451)	15.	W30	DÜLFER, Katharina	1991		1:24:26	1:24:49
176.	(279)	1.	M80	EILENBERGER, Friedhold	1941	LT Hagen-Emst	1:36:25	1:36:46
DNF	(437)		MJ U23	KNÖRZER, Eric	2004			