



55. Internationaler Hagener Volkslauf

21,1 KM HALBMARATHON · OVERALL-RANKING

RG	NR	RG	AK	NAME, VORNAME	JG	VEREIN	NETTO	ZEIT
1.	(125)	1.	MJ U23	BACHMANN, Lars	2003		1:31:00	1:31:01
2.	(167)	1.	M30	WASOWICZ, Artur	1992		1:35:00	1:35:02
3.	(509)	1.	M	MERKO, Erik	1997		1:37:06	1:37:11
4.	(48)	2.	M	SONNAK, Paul	1996	skatRUNde	1:39:36	1:39:36
5.	(411)	2.	M30	AHMED, Saman	1991	Kurdistan	1:39:44	1:39:44
6.	(335)	3.	M30	WYSKOTT, Fabian	1991		1:39:49	1:39:49
7.	(152)	4.	M30	LUDWIG, Björn	1992	Ski-Club Werl	1:40:09	1:40:15
8.	(309)	1.	M50	ADLER, Gregor	1974	Lauf-Freude	1:40:27	1:40:30
9.	(516)	2.	M50	SEDLACZIK, Peter	1971		1:41:01	1:41:05
10.	(294)	1.	M40	BUTTGEREIT, Stefan	1984	LT Hagen-Emst	1:41:28	1:41:30
11.	(254)	1.	M35	STRUBEL, Patrick	1987		1:42:57	1:43:05
12.	(293)	2.	M40	WAGNER, Markus	1982		1:43:04	1:43:17
13.	(548)	3.	M40	PASTOR, Till	1984	PV Triathlon TG Witten	1:43:30	1:43:30
14.	(110)	3.	M50	MULZER, Mario	1971		1:43:32	1:43:37
15.	(311)	2.	M35	FISCHBACH, Jan-Alexander	1990		1:43:40	1:43:40
16.	(318)	3.	M	ZERULLA, Mirko	1996	RUN'THEM	1:44:00	1:44:08
17.	(525)	4.	M	SAURE, Mattis	1998	Fichte Hagen	1:44:46	1:44:53
18.	(280)	5.	M30	BREIDENBACH, Jan	1993		1:44:57	1:45:01
19.	(375)	4.	M40	TANNEMANN, Andre	1984	ATRunning	1:45:09	1:45:10
20.	(512)	1.	M55	MÜLLER, Steffen	1969	LAZ Iserlohn	1:47:10	1:47:13
21.	(405)	1.	M60	VAHLDIECK, Jens	1965	TV Schiefbahn	1:47:17	1:47:17
22.	(9)	6.	M30	SCHRADER, Maik	1994		1:47:22	1:47:22
23.	(49)	7.	M30	WÄHNING, Jan Wilhelm	1993	skatRUNde	1:47:26	1:47:26
24.	(523)	1.	W	SCHNEIDER, Julia	2002		1:47:25	1:47:29
25.	(415)	1.	M45	HEINZ, Daniel	1978	Skiclub Burbach	1:47:51	1:47:58
26.	(7)	5.	M40	TENBENSEL, Tobias	1984		1:48:33	1:48:33
27.	(216)	8.	M30	SCHWIERZ, Artur	1994		1:48:43	1:48:43
28.	(510)	2.	M60	KAHLMEIER, Frank	1961	LT-Hengsteysee	1:48:43	1:48:46
29.	(217)	2.	M45	NÖLLEKE, Kay	1978		1:48:43	1:48:47
30.	(511)	1.	W30	BÄKER, Lisa	1992	LG halver schalksmühle	1:48:54	1:48:54
31.	(555)	1.	W45	SCHEELE, Kirsten	1978		1:48:58	1:48:58
32.	(348)	1.	W40	LUTTROPP, Annika	1982		1:49:12	1:49:21
33.	(474)	3.	M60	BEICK, Uwe	1964	LGO Bochum	1:49:21	1:49:30
34.	(426)	6.	M40	PIOSZCYK, Robert	1982	LG Hagen Emst	1:50:33	1:50:53
35.	(337)	7.	M40	SPELSBERG, Dr. Norman	1984		1:51:02	1:51:02
36.	(6)	3.	M45	HOFFMANN, Matthias	1980		1:50:57	1:51:02
37.	(544)	4.	M50	TROMPETER, Michael	1975	TSV 1863 Herdecke	1:50:55	1:51:05
38.	(4)	2.	W30	ECKHOFF, Lena-Marie	1995		1:51:05	1:51:05
39.	(356)	3.	M35	REWITZ, Dr. Kai	1986	Geländefahrrad Aachen e.V.	1:51:07	1:51:07
40.	(472)	3.	W30	NASUP, Merisa	1995		1:51:19	1:51:20
41.	(52)	5.	M50	KURAL, Ayhan	1974	TSV 1863 Herdecke	1:54:06	1:54:20
42.	(106)	8.	M40	SCHELLEWALD, Robin	1984		1:54:19	1:54:22
43.	(364)	1.	M65	CZERNIK, Johann	1958		1:54:18	1:54:23



55. Internationaler Hagener Volkslauf

21,1 KM HALBMARATHON · OVERALL-RANKING

RG	NR	RG	AK	NAME, VORNAME	JG	VEREIN	NETTO	ZEIT
44.	(439)	9.	M30	MERKEL, Markus	1991		1:54:16	1:54:23
45.	(447)	6.	M50	SILLITOE, Sven	1975	Rancho Rosa Running	1:54:18	1:54:26
46.	(440)	4.	M45	SCHWARZE, Nicolas-Emil	1979	Lokomotive Zatopek	1:54:19	1:54:27
47.	(553)	5.	M45	STERTENBRINK, Martin	1980	ASC Ahlen	1:54:20	1:54:30
48.	(454)	4.	M35	WICKER, Lars	1986	SV BW Hülshotten	1:54:20	1:54:30
49.	(62)	9.	M40	KIRCHHOFF, Stefan	1982		1:54:24	1:54:38
50.	(503)	6.	M45	GROBE, Björn	1980	Grobe Physio & Fitness	1:54:35	1:54:41
51.	(466)	7.	M45	SCHNABEL, Christian	1980		1:54:45	1:54:45
52.	(303)	8.	M45	SKRINJAR, Dominik	1980		1:54:38	1:54:47
53.	(69)	10.	M40	KOHL, Florian	1981		1:54:44	1:54:51
54.	(285)	7.	M50	BLOCK, Sven	1974	LT Bittermark	1:55:31	1:55:33
55.	(204)	11.	M40	TEICHERT, Robin	1983		1:55:21	1:55:39
56.	(89)	8.	M50	SENST, Carsten	1975	Pace Pack Runners	1:55:35	1:55:50
57.	(478)	1.	W50	SCHOONHOVEN, Friederike	1975	LT Hagen-Emst	1:55:49	1:55:54
58.	(430)	2.	M55	MASUCH, Christian	1968	LG Hagen Emst	1:55:37	1:55:56
59.	(461)	9.	M50	HÖLTKE, Matthias	1975		1:55:45	1:55:59
60.	(20)	9.	M45	HALANGK, Sven	1978		1:55:45	1:56:02
61.	(50)	5.	M35	PESCH, Carsten	1990	skatRUNde	1:56:26	1:56:26
62.	(80)	4.	W30	KRÖGER, Janina	1992		1:56:42	1:56:59
63.	(3)	10.	M30	PEIL, Leonard	1994		1:57:10	1:57:10
64.	(404)	1.	W55	SEIDLER, Jana	1967	SV Neptun Krefeld	1:57:41	1:57:41
65.	(120)	3.	M55	STRUBE, Andreas	1969	Gib Flamme	1:58:09	1:58:09
66.	(251)	5.	M	HILLEBRAND, Felix	1996		1:58:14	1:58:14
67.	(111)	11.	M30	STEIN, Karsten	1995	SC Concordia Hagen	1:58:24	1:58:30
68.	(491)	12.	M40	STAY, Martin	1983		1:58:33	1:58:39
69.	(499)	2.	W40	MESSINA, Martina	1984	TSV 1863 Herdecke	1:59:09	1:59:09
70.	(368)	4.	M60	KONTNY, Thomas	1965	TSV 1863 Herdecke	1:58:58	1:59:12
71.	(91)	12.	M30	CLASSEN, Ole	1993		1:59:04	1:59:15
72.	(158)	13.	M40	KOPINSKI, Robert	1982	Korex Running Ltd.	1:58:58	1:59:15
73.	(9810)	2.	MJ U23	KORPP, Robin	2005		1:58:56	1:59:20
74.	(545)	4.	M55	LANGEMANN, Stefan	1966	LT Tus Iserlohn	1:59:36	1:59:36
75.	(541)	14.	M40	SCHEIDER, Julian	1984	LT Tus Iserlohn	1:59:33	1:59:37
76.	(131)	13.	M30	LAMAS, Dr. Sérgio	1994		1:59:27	1:59:40
77.	(253)	6.	M35	STUKENKEMPER, Sebastian	1986		2:00:02	2:00:10
78.	(518)	2.	W	SCHOOOF-STAUPE, Anica	2000		2:00:15	2:00:28
79.	(554)	10.	M50	HEUSER, Thilo	1973		2:00:29	2:00:42
80.	(425)	11.	M50	DÖRPINGHAUS, Jens	1972		2:00:50	2:00:57
81.	(83)	15.	M40	FITTLER, Carsten	1981		2:01:04	2:01:08
82.	(197)	16.	M40	LINSTAEDT, Thomas	1983	SGW Iserlohn	2:01:03	2:01:08
83.	(436)	10.	M45	LUDWIG, Andreas	1980		2:00:59	2:01:12
84.	(338)	7.	M35	BRENSCHEIDT, Patrick	1988		2:01:26	2:01:34
85.	(78)	12.	M50	REINKE, Stefan	1971		2:01:42	2:01:53
86.	(406)	5.	M60	AHLERT-DE GRAAT, Jörg	1964	TSV 1863 Herdecke	2:01:44	2:01:59



55. Internationaler Hagerer Volkslauf

21,1 KM HALBMARATHON · OVERALL-RANKING

RG	NR	RG	AK	NAME, VORNAME	JG	VEREIN	NETTO	ZEIT
87.	(113)	11.	M45	ROOLF, Sascha	1978		2:01:51	2:02:02
88.	(498)	1.	W35	EGGERT, Ariane	1986		2:04:28	2:04:28
89.	(500)	5.	W30	KOBYLANSKI, Larissa	1992	TSV 1863 Herdecke	2:04:37	2:04:47
90.	(214)	6.	M	SCHMALTZ, Jared	2001		2:04:51	2:04:51
91.	(148)	7.	M	SEGREWE, Nils	2001		2:04:51	2:04:51
92.	(476)	12.	M45	KAMPSMANN, Christian	1977	Pace Pack Runners	2:04:55	2:05:02
93.	(308)	2.	W45	GÖHLICH, Nina	1977		2:05:11	2:05:21
94.	(90)	8.	M	SCHWABE, Sebastian	1996		2:05:22	2:05:34
95.	(295)	5.	M55	BARGEN, Christian	1970	LT Hagen-Emst	2:05:44	2:05:49
96.	(423)	3.	W40	MÖLLER, Nicole	1981	Clever fit	2:05:36	2:05:54
97.	(126)	14.	M30	NOACK, Manuel	1994		2:06:13	2:06:23
98.	(438)	6.	M60	JAKOBS, Dirk	1965	Lauftreff Iserlohn	2:06:14	2:06:25
99.	(122)	6.	M55	KROWINUS, Roger	1970		2:06:05	2:06:27
100.	(270)	9.	M	BRODDA, Leon	1999		2:06:45	2:06:45
101.	(172)	15.	M30	SEVIM, Alican	1991		2:06:56	2:07:07
102.	(88)	10.	M	MOHR, Maximilian	2001		2:07:03	2:07:15
103.	(274)	7.	M55	GERHARDT, Karsten	1967		2:07:08	2:07:18
104.	(123)	11.	M	FILTHAUT, Dennis	2000		2:07:07	2:07:20
105.	(547)	6.	W30	RUDACK, Julia	1991	PV Triathlon TG Witten	2:07:31	2:07:31
106.	(551)	7.	W30	RIMPEL, Pia	1993	PV Triathlon TG Witten	2:07:31	2:07:31
107.	(420)	12.	M	VOLLMANN, Jules	1996		2:08:23	2:08:23
108.	(17)	16.	M30	OSHODIN, Dominic	1995		2:08:43	2:08:43
109.	(537)	13.	M45	LEDWIG, Stefan	1980	Team Taschenbier	2:08:39	2:08:45
110.	(210)	17.	M40	SIWIEC, Peter	1981	PeteRunner	2:08:24	2:08:45
111.	(127)	17.	M30	RUSTEMI, Behar	1994		2:08:40	2:08:50
112.	(507)	7.	M60	KAPPE, Christian	1963		2:08:52	2:09:01
113.	(269)	3.	W45	BETKE, Daniela	1979		2:09:03	2:09:20
114.	(97)	13.	M	OPITZ, Niklas	2000		2:09:12	2:09:25
115.	(29)	18.	M30	THOMA, Tobias	1993		2:09:13	2:09:31
116.	(174)	8.	W30	RELVAS, Sofia	1995	GURUS-SUP	2:09:40	2:09:49
117.	(175)	3.	W	MARTINS, Lúcia	1996		2:09:40	2:09:49
118.	(188)	8.	M55	KOCH, Lars	1969	Familie Unger	2:09:42	2:10:04
119.	(242)	8.	M35	SCHMERER, Robin	1988		2:09:54	2:10:06
120.	(227)	9.	M55	SCHIRMER, Christian	1968		2:09:52	2:10:13
121.	(166)	2.	W35	SCHMERER, Solveig	1986		2:10:02	2:10:14
122.	(549)	14.	M45	LUENSTROTH, Jens	1977		2:10:07	2:10:29
123.	(432)	2.	M65	DORN, Martin	1960	Lennerunners	2:10:26	2:10:32
124.	(132)	14.	M	UMBACH, Jan	1999	Dumme Sportideen	2:10:22	2:10:35
125.	(394)	15.	M45	PATER, Christoph	1980		2:10:56	2:11:01
126.	(209)	19.	M30	KASPEREIT, Jonas	1994		2:11:11	2:11:27
127.	(205)	20.	M30	KINTRUP, Tony	1994	Wienburg Parkrun	2:11:12	2:11:27
128.	(124)	2.	W50	EDEL, Yvonne	1973	The_running_moms	2:11:09	2:11:28
129.	(395)	10.	M55	KUKIELKA, Roland	1969	LT Hagen-Emst	2:11:23	2:11:29



55. Internationaler Hagener Volkslauf

21,1 KM HALBMARATHON · OVERALL-RANKING

RG	NR	RG	AK	NAME, VORNAME	JG	VEREIN	NETTO	ZEIT
130.	(93)	3.	M65	SCHWARZFISCHER, Peter	1958	LT Hagen-Emst	2:11:57	2:12:02
131.	(130)	11.	M55	SCHMIDT, Thorsten	1970	TuS 1895 Erndtebrück	2:12:45	2:12:59
132.	(284)	15.	M	LETZEL, Christian	1997		2:13:04	2:13:08
133.	(407)	12.	M55	ZEPPA, Daniel	1966	TSV 1863 Herdecke	2:13:06	2:13:21
134.	(452)	4.	W40	SCHWARZ, Jessi	1983		2:13:27	2:13:27
135.	(104)	9.	M35	RETTIG, Daniel	1987		2:14:20	2:14:30
136.	(501)	13.	M50	STECKEL, Eike	1975	TVG Kaiserau	2:14:25	2:14:35
137.	(128)	16.	M	KÖNIG, Moritz	2002		2:14:26	2:14:44
138.	(63)	10.	M35	KIRCHHOFF, Stefan	1987		2:15:52	2:16:07
139.	(226)	21.	M30	CERI, Süleyman	1995		2:16:09	2:16:11
140.	(18)	17.	M	SMIRNOV, Alexander	1997		2:16:25	2:16:25
141.	(550)	18.	M40	PIASKOWSKI, Max	1985	Tri-Team Hagen	2:16:43	2:16:55
142.	(502)	14.	M50	LOSCH, Marco	1974	Soulrunner	2:16:52	2:17:16
143.	(229)	4.	W45	GONCIN, Adrijana	1980		2:17:20	2:17:27
144.	(176)	9.	W30	SEVIM, Lima	1992		2:17:15	2:17:37
145.	(479)	8.	M60	POLZIEN, Matthias	1962	Hannibals Erben	2:17:41	2:17:54
146.	(133)	4.	W	DRAESE, Anna-Lena	2001		2:20:21	2:20:37
147.	(134)	5.	W	LÖHKEN, Christina	1997		2:20:21	2:20:37
148.	(435)	10.	W30	BROZÉ, Alexandra	1995		2:20:32	2:20:51
149.	(477)	2.	W55	RUDLOF, Claudia	1968	LT Hagen-Emst	2:21:13	2:21:20
150.	(540)	22.	M30	KRUSE, Max	1995		2:22:03	2:22:11
151.	(542)	19.	M40	GRIFFITHS, David	1984		2:22:03	2:22:11
152.	(77)	18.	M	GÖRRES, Max	2001	GewonnenZeit e.V.	2:21:47	2:22:11
153.	(67)	6.	W	VASILEVA, Neli	1996		2:22:02	2:22:23
154.	(450)	16.	M45	KRULL, Marten	1980		2:22:56	2:22:56
155.	(81)	13.	M55	SIELAFF, Ralf	1967		2:22:43	2:22:59
156.	(82)	3.	W55	SCHMIDT, Ivonne	1970	Pace Pack Runners	2:22:43	2:22:59
157.	(37)	19.	M	SCHWARK, Ron	1996		2:23:43	2:23:43
158.	(151)	3.	W35	DANIELIAN, Ruzanna	1987		2:23:27	2:23:44
159.	(150)	20.	M40	PANTEL, Tobias	1981		2:23:27	2:23:44
160.	(298)	14.	M55	RÖHRICHT, Stefan	1967		2:23:32	2:23:49
161.	(225)	11.	M35	INCI, Bekir	1987		2:24:18	2:24:22
162.	(290)	5.	W40	ÇİÇEK, Deniz	1984	Ultra Deniz	2:26:16	2:26:16
163.	(289)	4.	M65	BENEK, Hasan Basri	1960	TV Witzhelden	2:26:18	2:26:37
164.	(56)	15.	M55	KNOP, Markus	1969		2:26:32	2:26:55
165.	(421)	9.	M60	KROLL, Carsten	1962		2:26:56	2:27:04
166.	(58)	7.	W	BOCCARELLA, Maria	1998		2:27:35	2:27:56
167.	(57)	20.	M	HONSCHA, David	1997		2:27:35	2:27:56
168.	(456)	12.	M35	BROZÉ, Marcel	1987		2:27:38	2:27:56
169.	(449)	6.	W40	JULIKA, Stephan	1981		2:28:17	2:28:32
170.	(513)	15.	M50	RECKERT, Holger	1972	PV Triathlon TG Witten	2:28:58	2:29:03
171.	(182)	23.	M30	LUTZ, Sebastian	1991		2:33:39	2:33:59
172.	(531)	3.	MJ U23	HAMSCHER, Tom	2004	Fichte Hagen	2:34:14	2:34:22



55. Internationaler Hagerer Volkslauf

21,1 KM HALBMARATHON · OVERALL-RANKING

RG	NR	RG	AK	NAME, VORNAME	JG	VEREIN	NETTO	ZEIT
173.	(361)	21.	M40	HEINE, Daniel	1984		2:34:27	2:34:39
174.	(382)	11.	W30	MURRAY, Kelly	1994		2:34:28	2:34:39
175.	(347)	24.	M30	BAUMHOFF, Sebastian	1991		2:38:15	2:38:15
176.	(266)	16.	M55	KURZ, Andreas	1968	LT Hagen-Emst	2:39:47	2:40:07
177.	(530)	5.	M65	PAKMOR, Raimund	1957		2:41:45	2:42:01
178.	(546)	22.	M40	BUHRS, Hendrik	1981		2:51:06	2:51:30
DNF	(42)		M	BREIMHORST VILLALON, Sandro	2000			
DNF	(43)		W	HOMUTH, Kristina	2002			
DNF	(307)		M35	WERGEN, Andy	1986			
DNF	(313)		M45	ZABSKI, Robert	1977			